



NEW MEMBER **ORIENTATION**

**EVERYTHING YOU NEED
TO KNOW ABOUT
HIGH INTENSITY BUSINESS
MEMBERSHIP**



In This Document

03 CONGRATULATIONS

04 WELCOME MESSAGE FROM LAWRENCE NEAL

05 MEMBERSHIP BENEFITS

06 WHERE TO BEGIN?

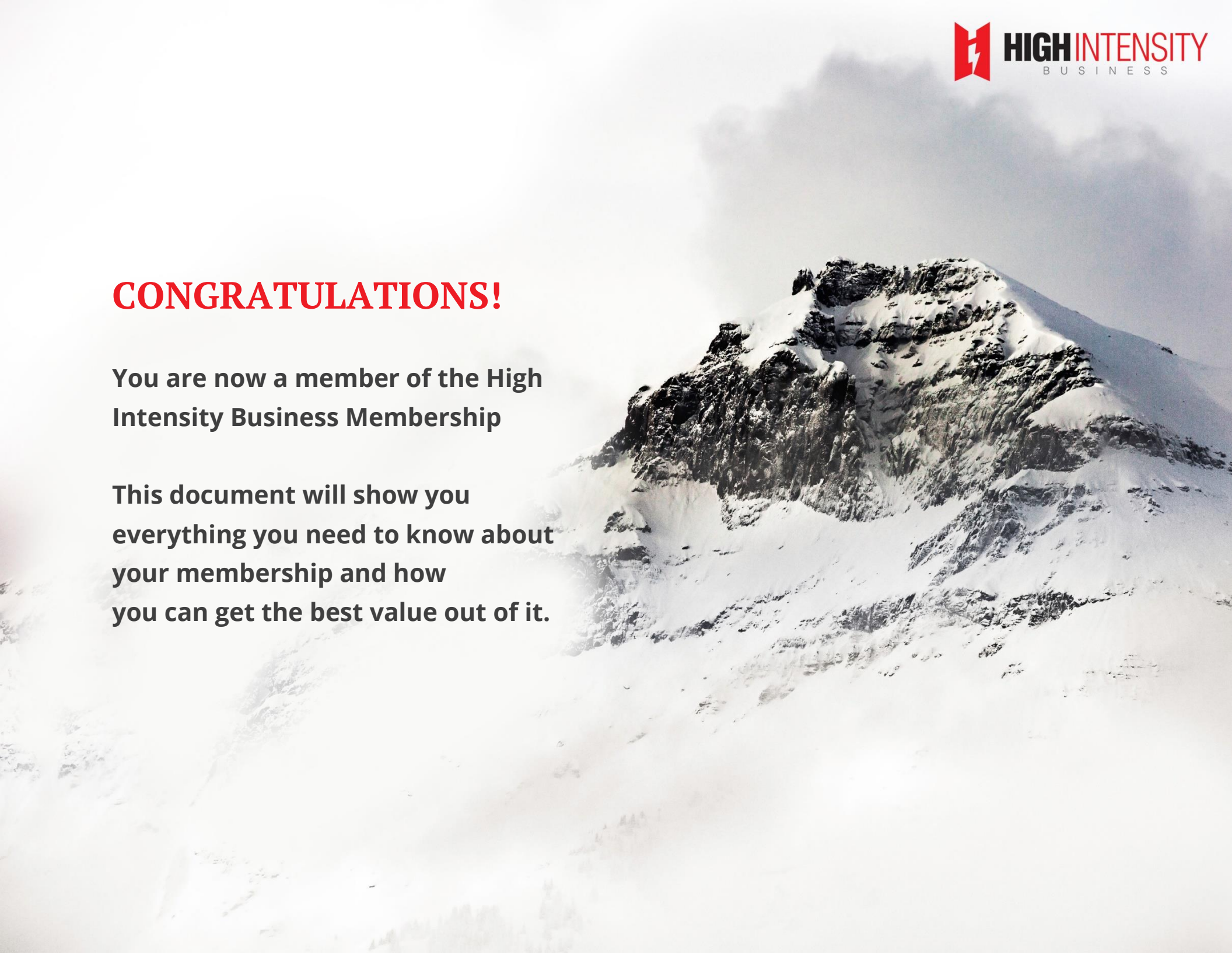
07 USEFUL RESOURCES

08 CONTACT US

CONGRATULATIONS!

You are now a member of the High Intensity Business Membership

This document will show you everything you need to know about your membership and how you can get the best value out of it.





A MESSAGE FROM LAWRENCE NEAL

Thank you for investing in yourself with a High Intensity Business Membership.

I set out to create an environment where you can receive a high-level personalized service and leverage the insights of other clever business owners in one place

Together you and I (combined with expert guest content and the other members) will make sure your business is extremely profitable and enjoyable for you to own.

If you need support at any time, please reach out to our team: lneal2@gmail.com

Let's get started on your success!

Regards,
Lawrence

Membership Benefits

COACHING

Get your own private coaching thread with Lawrence Neal inside the High Intensity Business forums.

FORUM

Get first-hand access to brilliant minds inside the High Intensity Business forums!

MONTHLY MASTERMIND

Be part of the monthly mastermind calls with experts where a wide range of training and business topics are discussed live.

SUPPORT

Have access to our support team when you have questions concerning your membership.

TRAINING

A collection of training content on High Intensity Business and Business are waiting for you in our archives!



Where To Begin?

Please go ahead and start a private discussion so we can get you going fast!

Click [HERE](#) to start a private discussion with Lawrence.

In the next page, we've also listed a few links to topics in the forum we think you'd like to get started with.

Business

Hannah Stael von Holstein - How To
Sell And Retain With The Proven
Process

How To Cost Effectively Acquire
Exercise Equipment and Machines

How To Instruct a HIT Session

Training

Heterogeneity, Periodization and the
Strength-Endurance Continuum

James Fisher PhD - How To Manage
Volume and Frequency with Clients

 **LOGIN TO YOUR ACCOUNT** 

Contact Us

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